

# *Surah Ad-Duhaa*

(The Morning Sunlight)

الضحى

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَالصُّحَىٰ ① وَاللَّيْلِ إِذَا سَجَىٰ ②  
مَا وَدَّعَكَ رَبُّكَ وَمَا قَلَىٰ ③ وَلِلْآخِرَةِ خَيْرٌ  
لَّكَ مِنَ الْأُولَىٰ ④ وَلَسَوْفَ يُعْطِيكَ  
رَبُّكَ فَتَرْضَىٰ ⑤ أَلَمْ يَجِدْكَ يَتِيمًا فَآوَىٰ  
⑥ وَوَجَدَكَ ضَالًّا فَهَدَىٰ ⑦ وَوَجَدَكَ  
عَائِلًا فَأَغْنَىٰ ⑧ فَأَمَّا الْيَتِيمَ فَلَا  
تَقْهَرُ ⑨ وَأَمَّا السَّائِلَ فَلَا تَنْهَرُ ⑩  
وَأَمَّا بِنِعْمَةِ رَبِّكَ فَحَدِّثْ ⑪



## Surah Ad-Duhaa

### **Why is it named this way?**

Allah ﷻ starts the Surah by swearing by "Ad-Duhaa." This word means the bright morning sunlight.

### **Where was it revealed?**

Allah ﷻ sent it down in Makkah. It has 11 verses.

### **The Story Behind it (Reason of Revelation):**

The Prophet Muhammad ﷺ became sick. He could not wake up for his night prayers for a day or two. Because of this, the Quran did not come down for a short time. A woman from the enemies of Islam came to him. She made fun of him and said: "O Muhammad ﷺ, I think your devil left you!" This made the Prophet ﷺ very sad. So, Allah ﷻ sent down this beautiful Surah to comfort his heart and show that she was wrong.

### **Main Theme of the Surah:**

It is a message of hope. It shows that Allah ﷻ always loves and cares for Prophet Muhammad ﷺ. It reminds him of old blessings. It also teaches us how to be kind to weak and poor people.

### **Explanation (Tafsir) & Practical Application:**

﴿وَالضُّحَىٰ (١) وَاللَّيْلِ إِذَا سَجَىٰ (٢)﴾

**(By the morning sunlight. And by the night when it grows still and dark.)**

Allah ﷻ swears by the bright day and the quiet night.

**Action Point:** Think about how Allah ﷻ made the day for work and the night for rest. Take a moment in the morning to thank Allah ﷻ for the new day.

(مَا وَدَّعَكَ رَبُّكَ وَمَا قَلَىٰ (٣))

**(Your Lord has not abandoned you [O Muhammad], nor does He hate you.)**

This is the main message: Allah ﷻ never left you. He is not angry with you, even if bad people say that.

Action Point: When you feel sad or alone, remember that Allah ﷻ is always with you. He ﷻ never leaves good people in hard times.

(وَلَلْآخِرَةُ خَيْرٌ لَّكَ مِنَ الْأُولَىٰ (٤))

**(And the Hereafter will be much better for you than this present life.)**

The hard times in this world will end. What Allah ﷻ has for you in the next life (Paradise) is much better.

**Action Point:** Do not let the problems of this world make you give up. Always look forward to the great reward in Paradise.

(وَلَسَوْفَ يُعْطِيكَ رَبُّكَ فَتَرْضَىٰ (٥))

**(And your Lord will give you [so much] that you will be satisfied.)**

Allah ﷻ promises to give the Prophet ﷺ great rewards in this life and

in Paradise, until he ﷺ is completely happy.

**Action Point:** Trust in Allah ﷻ. If you are patient, He will give you things that make your heart happy.

(أَلَمْ يَجِدْكَ يَتِيمًا فَآوَىٰ (٦) وَوَجَدَكَ ضَالًّا فَهَدَىٰ (٧) وَوَجَدَكَ عَائِلًا فَأَغْنَىٰ (٨))

**(Did He not find you an orphan and give you refuge? And He found you lost and guided you? And He found you poor and made you self-sufficient?)**

Allah ﷻ reminds the Prophet ﷺ of old blessings to give him hope for the future: You were an orphan, and Allah ﷻ gave you a loving family. You were looking for the truth, and Allah ﷻ guided you. You were poor, and Allah ﷻ gave you what you need.

**Action Point:** When you face a new problem, write down three old blessings Allah ﷻ gave you. When we remember how Allah ﷻ helped us before, we feel hope for the future.

(فَأَمَّا الْيَتِيمَ فَلَا تَقْهَرْ (٩) وَأَمَّا السَّائِلَ فَلَا تَنْهَرْ (١٠) وَأَمَّا بِنِعْمَةِ رَبِّكَ فَحَدِّثْ (١١))

**(So, do not be harsh with the orphan. And do not push away the one who asks for help. And always speak about the blessings of your Lord.)**

Because of these great blessings, Allah ﷻ gives three commands: Be very kind to orphans. Be gentle to people who ask for help or knowledge. And always say thank you to Allah ﷻ for His gifts.

**Action Point:** Show your thanks today. Help someone in need, even with a smile, and say "Alhamdulillah" (Thank God) out loud.

## ***The Duhaa Prayer***

- **What is it?** A beautiful extra prayer you can pray in the morning.
- **Its Reward:** The Prophet ﷺ taught us that this prayer acts as a daily charity (Sadaqah) for our bodies. It is a way to say thank you to Allah ﷻ.
- **When?** The time starts a little bit after sunrise. It ends just before the Dhuhr (noon) prayer. You can pray 2, 4, or more Rakaahs.

### ***Let's Review (Comprehension Questions):***

1. What does the word "Ad-Duhaa" mean?
2. Why did Allah ﷻ send down this Surah to the Prophet Muhammad ﷺ?
3. Mention two old blessings Allah ﷻ gave to the Prophet ﷺ in this Surah.
4. How should a Muslim treat an orphan?